



**2022 American East Coast Artistic Championship & Seminar**  
**Competition: May 27 - 30, 2022**  
**Seminar: May 30, 2022**  
**Richmond, Virginia**  
[www.rollerdomeskating.com/24.html](http://www.rollerdomeskating.com/24.html)



Skaters, Coaches, and Parents,

Rollerdome Family Fun Center and RVA Skate Academy would like to invite you to our 2022 American East Coast Artistic Championship to be held May 27 - 30, 2022. We may have a new name, but you still get the same amazing experience we always try to provide!

We will be using the American Artistic Roller Skating (AARS) rulebook for figures, singles, dance, and creative solo events, as well as Tiny Tot, Youth, and Adult Beginner events for figures, dance, and freestyle. Please join us and start making your reservations now as we are anticipating skaters from all over the country to attend this year!

**Confirmed Judges:**

Tracy Black	John Lehni	Teri Swajger
Gary Callahan	Billy Mastriano	Robert Bledsoe
Hannah Patawaran	Dianne Dawson	Skip Johnson
Sylvia Haffke		

**Meet Hosts:** Shane Locklear and Tony Kaschalk

**Competition Managers:** Deb Wahlig, Beth Wahlig, Anne Wahlig Lee, Shane Locklear

**Amenities:**

- ✓ Awards presentations on a podium for all events.
- ✓ Full-service snack bar for breakfast, lunch, and dinner.
- ✓ Coaches' refreshment area with complimentary coffee, drinks, and snacks.
- ✓ Swag bags for all competitors.
- ✓ Coated maple wood floor, 155' x 80'

**Development Seminar:**

- ✓ On-skates instruction in figures, loops, dance, and freestyle.
- ✓ Breakout sessions designed especially for parents, coaches, and officials.
- ✓ Private lessons available with many of our visiting advanced and elite coaches - more info soon!

**Official Practice:**

- ✓ Friday, May 27, 2 pm - 7 pm. Cost is \$5 per skater.

**Judges & Coaches Social:**

- ✓ There will be a catered social for judges, coaches, and officials after the Official Practice on Friday, May 27. This is a FREE event for all judges, coaches, and officials attending the competition or seminar!

## Entry Rules:

- ✓ You must be an AARS member or USA Roller Sports member.
- ✓ If you are a current USA Roller Sports member, we will pay the \$10 AARS non-member entry fee. Please make sure you fill out the AARS "One Event Card".
- ✓ All AARS events will be offered.
- ✓ Music must be submitted **no later than May 1, 2022** to aecac.music@gmail.com. Please bring a USB drive as backup to the competition.
- ✓ For information on eligibility, please refer to the general rules posted on the AARS website at [www.americanrollersports.com/artistic](http://www.americanrollersports.com/artistic) under the "View The Rulebook" link.
- ✓ All figures and dance will be skating the Group 1 requirements selected in the 2022 AARS draw.
- ✓ All C and intro events will skate the requirements attached.
- ✓ All A and adult events will be skated on Saturday, May 28, 2022.
- ✓ All B, C, and intro events will be skated on Sunday, May 29, 2022.
- ✓ Skaters may skate their official event and skate up one event.
- ✓ For any questions, please contact Shane Locklear at 804-439-9611 or shane@rollerdomeskating.com

## Fees & Entry Procedures:

- ✓ Entry fees: \$30 first event; \$10 each additional event.
- ✓ Spectator fees: \$5 per person, per day
- ✓ **Deadline for entries must be postmarked by May 1, 2022!! Please submit all entries and payments as soon as possible as late entries will not be accepted this year**
- ✓ You may email entries to shane@rollerdomeskating.com and mail the check separately.
- ✓ Please send ONE CLUB CHECK or ONE MONEY ORDER with your entry, payable to *Rollerdome* to 4902 Williamsburg Road, Richmond, VA 23231

## Lodging:

- ✓ ***Sheraton (Host Hotel)***  
5501 Eubank Road  
Sandston, VA 23150  
804-226-6400  
*Say "Rollerdome Family Fun Center" when making reservation for group rate.*
- ✓ Hampton Inn Richmond Airport  
421 International Center Drive  
Sandston, VA 23150  
804-226-1888
- ✓ Hyatt Place Richmond Airport  
4401 South Laburnum Avenue  
Richmond, VA 23231  
804-549-4865
- ✓ Four Points Sheraton Richmond Airport  
4700 South Laburnum Avenue  
Richmond, VA 23231  
804-226-4300
- ✓ Fairfield Inn & Suites by Marriott Richmond Airport  
5252 Airport Square Lane  
Sandston, VA 23150
- ✓ Holiday Inn Express Richmond Airport  
491 International Center Drive  
Sandston, VA 23150  
804-222-1499

**We are all looking forward to having you here to make this our best meet yet!**

Sincerely,

Host Coaches - Shane Locklear & Missy Lennon

Host Operators - Tony Kaschalk & Shane Locklear

Competition Managers - Deb Wahlig, Beth Wahlig, Anne Wahlig Lee, & Shane Locklear

## 2022 AARS Official Application

Contestant Name as it Appears on AARS Membership Card (Please print clearly) : \_\_\_\_\_

Male or Female (circle one) \_\_\_\_\_

Birthdate: \_\_\_\_\_

Age on Jan 1, 2022: \_\_\_\_\_

AARS Membership Card Number: \_\_\_\_\_

Club ID # \_\_\_\_\_

Club Name: \_\_\_\_\_

Coach Name: \_\_\_\_\_

Coach Phone: \_\_\_\_\_

Coach Email: \_\_\_\_\_

WRITE AN "X" TO SELECT THE EVENT(S) BEING SKATED

Female		<b>FIGURES Adult</b>	Male	
<input type="checkbox"/>	<input type="checkbox"/>	Advanced B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Advanced	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Classic Gold	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Adult Junior	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Premier Gold	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Premier Silver	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Novice/Esquire B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Novice	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Esquire	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Masters	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Veterans	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Golden	<input type="checkbox"/>	<input type="checkbox"/>

Female		<b>Youth</b>	Male	
<input type="checkbox"/>	<input type="checkbox"/>	Primary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Juvenile	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Juvenile/Elementary B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Elementary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Freshman	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Sophomore	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Freshman/Sophomore B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Junior	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Senior	<input type="checkbox"/>	<input type="checkbox"/>

Female		<b>LOOPS Adults</b>	Female	
<input type="checkbox"/>	<input type="checkbox"/>	Classic Gold	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Adult Junior	<input type="checkbox"/>	<input type="checkbox"/>

Female		<b>Youth</b>	Female	
<input type="checkbox"/>	<input type="checkbox"/>	Juvenile	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Elementary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Freshman	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Sophomore	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Freshman/Sophomore B	<input type="checkbox"/>	<input type="checkbox"/>

Female		<b>SOLO COMPETITIVE DANCE Adult</b>	Male	
<input type="checkbox"/>	<input type="checkbox"/>	Novice	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Novice B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Esquire	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Esquire B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Masters	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Veterans	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Golden	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Premier Silver 1	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Premier Silver 2	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Premier Gold 1	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Premier Gold 2	<input type="checkbox"/>	<input type="checkbox"/>

Female		<b>Youth</b>	Male	
<input type="checkbox"/>	<input type="checkbox"/>	Primary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Juvenile/Elementary B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Juvenile	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Elementary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Freshman/Sophomore B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Freshman	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Sophomore	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Junior	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Senior	<input type="checkbox"/>	<input type="checkbox"/>

Female		<b>CREATIVE SOLO</b>	Male	
<input type="checkbox"/>	<input type="checkbox"/>	Primary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Juvenile/Elementary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Freshman/Sophomore	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Adult	<input type="checkbox"/>	<input type="checkbox"/>

Female		<b>DOMESTIC INTERNATIONAL</b>	Male	
<input type="checkbox"/>	<input type="checkbox"/>	DID 12 and under	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	DID 13-24	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	DID 25 and over	<input type="checkbox"/>	<input type="checkbox"/>

Female		<b>SOLO FREE DANCE</b>	Male	
<input type="checkbox"/>	<input type="checkbox"/>	Open Solo	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Adult Open Solo	<input type="checkbox"/>	<input type="checkbox"/>

Female		<b>FREESTYLE</b>	Male	
<input type="checkbox"/>	<input type="checkbox"/>	Tot	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Primary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Juvenile	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Elementary B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Elementary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Freshman	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Sophomore B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Sophomore	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Junior	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Senior	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Classic	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Novice	<input type="checkbox"/>	<input type="checkbox"/>

Female		<b>INTRO Figures</b>	Male	
<input type="checkbox"/>	<input type="checkbox"/>	Pre-Intro 6 and Under	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Intro 6 and Under	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Pre-Intro 7-9	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Intro 7-9	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Pre-Intro 10-12	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Intro 10-12	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Pre-Intro 13 and Over	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	Intro 13 and Over	<input type="checkbox"/>	<input type="checkbox"/>

Remit 1 Club check payable to : \_\_\_\_\_

Mail To: \_\_\_\_\_  
\_\_\_\_\_

Adult		<b>TEAM COMPETITIVE TEAM</b>
<input type="checkbox"/>	<input type="checkbox"/>	Novice
<input type="checkbox"/>	<input type="checkbox"/>	Novice B
<input type="checkbox"/>	<input type="checkbox"/>	Esquire
<input type="checkbox"/>	<input type="checkbox"/>	Esquire B
<input type="checkbox"/>	<input type="checkbox"/>	Masters
<input type="checkbox"/>	<input type="checkbox"/>	Veterans
<input type="checkbox"/>	<input type="checkbox"/>	Golden
<input type="checkbox"/>	<input type="checkbox"/>	Premier Silver 1
<input type="checkbox"/>	<input type="checkbox"/>	Premier Silver 2
<input type="checkbox"/>	<input type="checkbox"/>	Premier Gold 1
<input type="checkbox"/>	<input type="checkbox"/>	Premier Gold 2
		Youth
<input type="checkbox"/>	<input type="checkbox"/>	Juvenile/Elementary B
<input type="checkbox"/>	<input type="checkbox"/>	Juvenile
<input type="checkbox"/>	<input type="checkbox"/>	Elementary
<input type="checkbox"/>	<input type="checkbox"/>	Freshman/Sophomore B
<input type="checkbox"/>	<input type="checkbox"/>	Freshman/Sophomore
<input type="checkbox"/>	<input type="checkbox"/>	Junior

PAIRS	
<input type="checkbox"/>	Juvenile
<input type="checkbox"/>	Freshman
<input type="checkbox"/>	Sophomore
<input type="checkbox"/>	Senior

PRECISION	
<input type="checkbox"/>	Junior
<input type="checkbox"/>	Novice

QUARTETS	
<input type="checkbox"/>	Youth
<input type="checkbox"/>	Open

INTRO Solo and Team Dance	
<input type="checkbox"/>	Intro 6 and Under Solo
<input type="checkbox"/>	Intro 7-9 Solo
<input type="checkbox"/>	Intro 10-12 Solo
<input type="checkbox"/>	Intro 13 and Over Solo
<input type="checkbox"/>	Intro 9 and Under Team
<input type="checkbox"/>	Intro 10 and Older Team

INTRO Pairs	
<input type="checkbox"/>	Intro 9 and Under
<input type="checkbox"/>	Intro 10 and Older

INTRO Freestyle	
<input type="checkbox"/>	Intro 6 and Under
<input type="checkbox"/>	Intro 7-9
<input type="checkbox"/>	Intro 10-12
<input type="checkbox"/>	Intro 13 and Over

LEVEL C Figures and Small Circle (Loop)	
<input type="checkbox"/>	Tot Figures
<input type="checkbox"/>	Youth Level 1 Figures
<input type="checkbox"/>	Youth Level 2 Figures
<input type="checkbox"/>	Adult Level 1 Figures
<input type="checkbox"/>	Adult Level 2 Figures
<input type="checkbox"/>	Youth Loop
<input type="checkbox"/>	Adult Loop
<input type="checkbox"/>	Advanced Loop

Dance Partner Name: \_\_\_\_\_

Pairs Partner Name: \_\_\_\_\_

Creative Solo Titles, Quad: \_\_\_\_\_

Club ID Number: \_\_\_\_\_

Club ID Number: \_\_\_\_\_

InLine: \_\_\_\_\_

First Event Fee = \_\_\_\_\_

Additional Event Fees: \_\_\_\_\_ @ \_\_\_\_\_ = \_\_\_\_\_

Total (First Event + Additional Event(s)) = \_\_\_\_\_

## Adult Competitive Dances 2021-2022

Groups that are **GREEN** will be elimination events. Groups that are in **BLACK** will be final events.  
If an event becomes a final, the elimination elements will be skated.

EVENT NAME	AGE	TEST REQUIREMENT	SOLO DANCE AND TEAM DANCE
Novice	19 and older	Test 7	<b>Group 1:</b> Chase Waltz • Bounce Boogie • Swing Schottische <b>Group 2:</b> Siesta Tango • Carey Fox Trot • Rhythm Blues
Novice B	19 and older	Test 2	<b>Group 1:</b> Glide Waltz • Progressive Tango <b>Group 2:</b> City Blues • Balanciaga
Esquire	35 and older	Test 7	<b>Group 1:</b> Denver Shuffle • Swing Waltz • Criss Cross March <b>Group 2:</b> Bounce Boogie • Casino Tango • Luna Blues
Esquire B	35 and older	Test 2	<b>Group 1:</b> Glide Waltz • Progressive Tango <b>Group 2:</b> City Blues • Balanciaga
Masters	45 and older	Test 6	<b>Group 1:</b> Double Cross Waltz • La Vista Cha Cha • Bounce Boogie <b>Group 2:</b> Swing Schottische • Dore Foxtrot • Casino Tango
Veterans	55 and older	Test 4	<b>Group 1:</b> Swing Waltz • Tara Tango • Denver Shuffle <b>Group 2:</b> American March • City Blues • Balanciaga
Golden	65 and older	Test 3	<b>Group 1:</b> Memorial Waltz • Carlos Tango • American March <b>Group 2:</b> City Blues • Balanciaga • Double Cross Waltz
Premier Silver 1	20 and older	Test 9	<b>Group 1:</b> Valse Adante • Milonga Tango • Quickstep Boogie <b>Group 2:</b> Zig Zag Polka • Century Blues • Syncopated Swing
Premier Silver 2	45 and older	Test 8	<b>Group 1:</b> Split Polka • Golden Skaters Waltz • Canasta Tango <b>Group 2:</b> Criss Cross March • Luna Blues • Swing Schottische
Premier Gold 1	20 and older	Test 13	<b>Group 1:</b> Paso Doble • Dench Blues (BP) • Association Waltz <b>Group 2:</b> Joann Foxtrot • Carroll Swing (BP) • Karen Lee Tango
Premier Gold 2	45 and Older	Test 11	<b>Group 1:</b> Fascination Fox Trot (BP) • Flirtation Waltz • Fiesta Tango <b>Group 2:</b> Casino March • Border Blues (BP) • Viva Cha Cha
<i>BP = Border Pattern</i>		<i>Solo Dance = Ladies steps Paso Doble = Men's Steps</i>	

## Youth Competitive Dances 2021-2022

Groups that are **GREEN** will be elimination events. Groups that are in **BLACK** will be final events.  
If an event becomes a final, the elimination elements will be skated.

EVENT NAME	AGE	TEST REQUIREMENT	SOLO DANCE AND TEAM DANCE
<b>Primary</b> <b>SOLO ONLY</b>	8 and under	Test 2	<b>Group 1:</b> Glide Waltz • Progressive Tango <b>Group 2:</b> City Blues • American March
Juv/Elem B	12 and under	Test 3	<b>Group 1:</b> Swing Waltz • Balanciaga <b>Group 2:</b> City Blues • American March
Juvenile	10 and under	Test 6	<b>Group 1:</b> Academy Blues • Double Cross Waltz • Carlos Tango <b>Group 2:</b> Skaters March • La Vista Cha Cha • Bounce Boogie
Elementary	12 and under	Test 7	<b>Group 1:</b> La Vista Cha Cha • Denver Shuffle • Chase Waltz ** <b>Group 2:</b> Siesta Tango • Rhythm Blues • Bounce Boogie
Fresh/Soph B	13 and over	Test 7	<b>Group 1:</b> Dore Foxtrot • Siesta Tango • Pilgrim Waltz <b>Group 2:</b> Bounce Boogie • Southland Swing • Skaters March
<b>Fresh/Soph</b> <b>TEAM ONLY</b>	13 and over	Test 9	<b>Group 1:</b> Delicado • Fascination Foxtrot • Siesta Tango <b>Group 2:</b> Border Blues • Casino March • California Swing
<b>Freshman</b> <b>SOLO ONLY</b>	14 and under	Test 9	<b>Group 1:</b> Delicado# • Fascination Foxtrot • Siesta Tango <b>Group 2:</b> Border Blues • Casino March • California Swing
<b>Sophomore</b> <b>SOLO ONLY</b>	15 and over	Test 9	<b>Group 1:</b> Delicado# • Fascination Foxtrot • Metropolitan Tango <b>Group 2:</b> Border Blues • Casino March • California Swing
Junior	15 and over	Test 13	<b>Group 1:</b> Dench Blues (BP) • Willow Waltz • Harris Tango <b>Group 2:</b> Rocker Foxtrot • Continental Waltz • Paso Doble#
<b>Senior</b> <b>SOLO ONLY</b>	16 and over	Test 14	<b>Group 1:</b> Silhouette Foxtrot • Westminster Waltz • Kilian <b>Group 2:</b> Argentine Tango • Viennese Waltz • Quickstep
BP = Border Pattern			Ladies Steps - ** in Solo Events Men's Steps - ## in Solo Events

## Domestic International Dance

Groups that are **GREEN** will be elimination events. Groups that are in **BLACK** will be final events.  
If an event becomes a final, the elimination elements will be skated.

Domestic International Dance 12 and Under	Domestic International Dance 13 -24	Domestic International Dance Adult 25 and over
Requirement: Test 3	Requirement: Test 9	Requirement: Test 5
<b>GROUP 1</b>	<b>GROUP 1</b>	<b>GROUP 1</b>
Rhythm Blues            88	Fiesta Tango            100	Kinder Waltz            120
Carlos Tango            96	Rotation Foxtrot (ladies steps)            92	DoBlay Paso            104
<b>GROUP 2</b>	<b>GROUP 2</b>	<b>GROUP 2</b>
La Vista Cha Cha    100	14-Step (men's steps)            108 March	Werner Tango (ladies steps)            96
Country Polka            92	Association Waltz (men's steps)            120 Waltz	Dynasty Blues            88

## Youth Figures Events

Groups that are **GREEN** will be elimination events. Groups that are in **BLACK** will be final events.  
If an event becomes a final, the elimination elements will be skated.

EVENT NAME	AGE	Test Level	REQUIREMENTS	
			Group 1	Group 2
Primary	8 and under	3	1, 2b, 7a	1b, 2, 7b
Juvenile	9-10	4	3b, 5a, 9b	3a, 8b, 11a
Juv/Elem B	12 and under	4	5a, 7b, 9a	5b, 7a, 9b
Elementary	11-12	7	10a, 19b, 22a	4, 11a, 22b
Freshman	13-14	8	19a, 21b, 36a	18b, 23a, 32b
Sophomore	15-18	8	19a, 20b, 33a	18b, 23a, 28b
Fresh/Soph B	13-18	5	4, 8b, 11a	3b, 7a, 26b
Junior	12-19	11 *New RSA test	36a, 42b, 31a 40, 44, 38	40, 49, 38 37b, 45a, 31b
Senior	14-19	13 *New RSA test	46, 47, 39 50b, 51a, 39b	48a, 49b, 38a 52, 53, 39

## Youth Loop Events

Groups that are **GREEN** will be elimination events. Groups that are in **BLACK** will be final events.  
If an event becomes a final, the elimination elements will be skated.

EVENT NAME	AGE	Test Level	REQUIREMENTS	
			Group 1	Group 2
Juvenile	9-10	4	14b, 15a, 30b	14a, 15b, 30a
Elementary	11-12	5	14b, 15a, 30b	14a, 15b, 30a
Freshman	13-14	6	14a, 17b, 30a	15b, 16a, 30b
Sophomore	15-18	6	14b, 17a, 30b	15a, 16b, 30a
Fresh/Soph B	13-18	6	14a, 15b, 30a	14b, 15a, 30b

## Adult Figure Events

Groups that are **GREEN** will be elimination events. Groups that are in **BLACK** will be final events.  
If an event becomes a final, the elimination elements will be skated.

EVENT NAME	AGE	Test Level	REQUIREMENTS	
			Group 1	Group 2
<b>Advanced B</b>	19-34	3	1, 2b, 112a	1b, 2, 111b
<b>Advanced</b>	19-24	8	3b, 10a, 22b	8a, 11b, 26a
<b>Classic Gold</b>	19 and over	9	13b, 22a, 32b	12a, 19b, 23a
<b>Adult Junior</b>	19 and over	10	20a, 33b, 36a	21b, 29a, 40b
<b>Premier Gold</b>	25 and over	7	3b, 9a, 27b	4, 8b, 26a
<b>Premier Silver</b>	35 and over	4	1, 5b, 105a	2b, 5a, 105b
<b>Novice/Esquire B</b>	25-34	4	1, 5b, 113a	2, 5a, 113b
<b>Novice</b>	25-44	6	3b, 7a, 11b	5a, 7b, 9a
<b>Esquire</b>	35-44	5	1, 2b, 5a	1b, 2, 5b
<b>Masters</b>	45-54	3	1b, 2, 111b	1, 2b, 112a
<b>Veterans</b>	55-64	3	1, 2b, 111a	2, 1b, 112b
<b>Golden</b>	65 and over	3	1, 112b	2, 111a

## Adult Loop Events

Groups that are **GREEN** will be elimination events. Groups that are in **BLACK** will be final events.  
If an event becomes a final, the elimination elements will be skated.

EVENT NAME	AGE	Test Level	REQUIREMENTS	
			Group 1	Group 2
<b>Classic Gold</b>	19 and over	5	14a, 15b, 30a	14b, 15a, 30b
<b>Adult Junior</b>	19 and over	7	16a, 17b, 31a	16b, 17a, 31b



# INTRO

## Figures

Since figures are the basics of learning to roller skate, there will be 2 divisions of each age group. Skaters will execute 1 repetition of their assigned figure with an optional rolling (3 push) start.

The regular events for each age group (6 and under, Intro 7-9, Intro 10-12 and Intro 13 and over) will execute 1 repetition of both of their assigned figures from a T-start (same as official figure events, no optional rolling start). The idea behind the different levels is to encourage beginners to compete in figures, the basis of all other disciplines of skating.

<b>Pre Intro 6 and under:</b> (6 and under)	Optional 3 push start Figure 1; 1 repetition
<b>Intro 6 and under Figures:</b> (6 and under)	Figure 1; 1 repetition Figure 2; 1 repetition
<b>Pre Intro 7-9 Figures</b>	Optional 3 push start 111 A/B; 1 repetition
<b>Intro 7-9 Figures</b>	Figure 111 A/B; 1 repetition Figure 1112 A/B; 1 repetition
<b>Pre Intro 10-12 Figures</b>	Optional 3 push start 111 A/B; 1 repetition
<b>Intro 10-12 Figures</b>	Figure 111 A/B; 1 repetition Figure 1112 A/B; 1 repetition
<b>Pre-Intro 13 and over Figures</b>	Optional 3 push start 111 A/B; 1 repetition
<b>Intro 13 and over Figures</b>	Figure 111 A/B; 1 repetition Figure 1112 A/B; 1 repetition

# INTRO

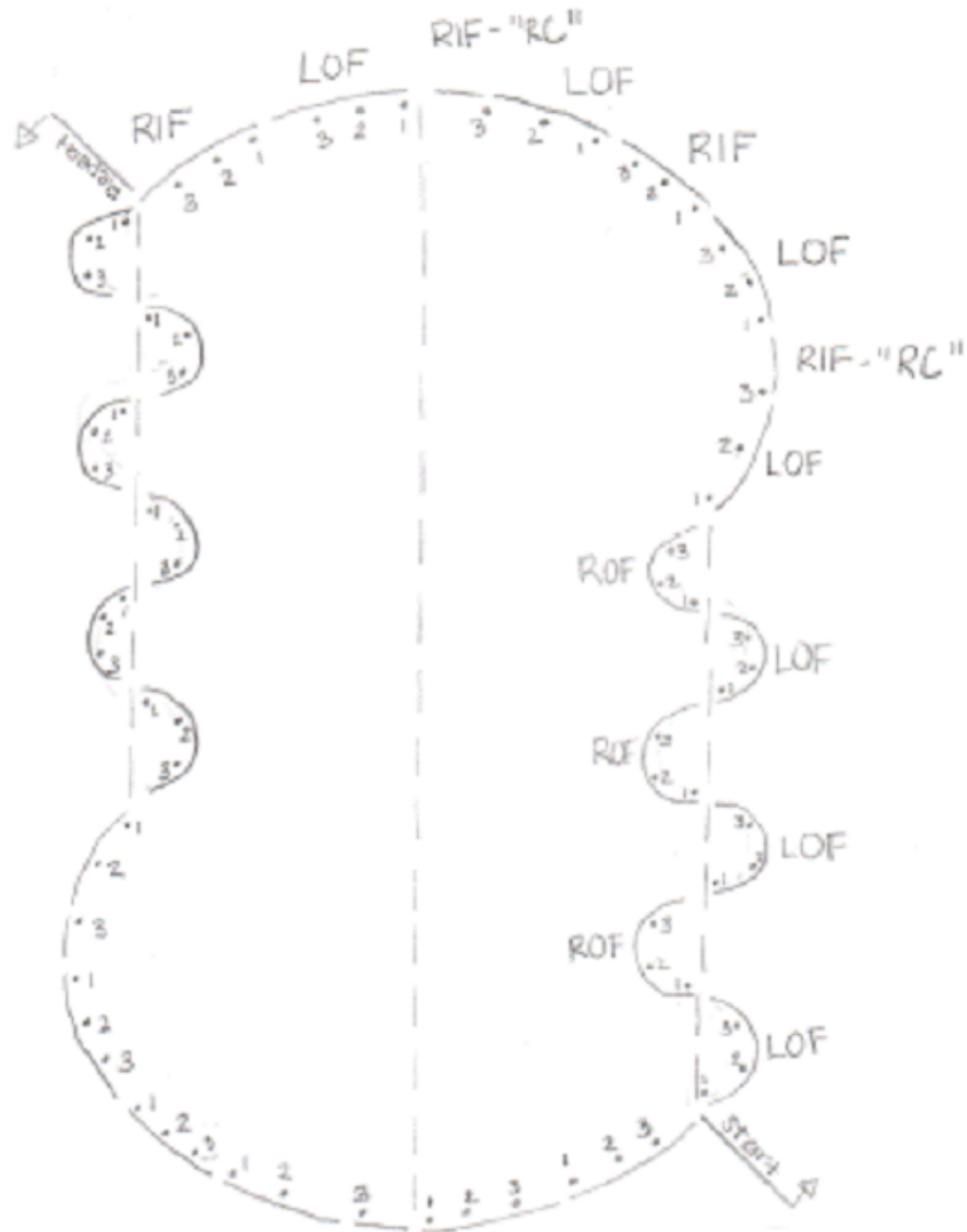
## Solo Dance

The dance events will be skated and judged the same way official dance events are. Skaters in Intro 7-9, Intro 10-12 and Intro 13 and over will begin the dance on the corner in front of the judges with 4 opening steps, beginning with the straightaway first. Skaters will execute the steps as described in the dance diagrams attached to the end of this document. Intro 6 and under dance skaters will start with 4 opening steps and begin the corner steps in a circle. Boys and girls will NOT be divided in dance. Skaters will be skated in flights of 2; performing 4 repetitions (2 full times around the skating surface) of each dance.

Intro 6 and under Dance:	<b>The Circle Waltz</b> (Corner of the Glide Waltz in a circle) <b>The Circle Tango</b> (Corner of the Progressive Tango in a circle)
Intro 7-9 Solo Dance	<b>The Waltz</b> (See diagram attached) <b>The Tango</b> (See diagram attached)
Intro 10-12 Solo Dance	<b>The Waltz</b> (See diagram attached) <b>The Tango</b> (See diagram attached)
Intro 13 and over	<b>The Waltz</b> (See diagram attached) <b>The Tango</b> (See diagram attached)

# INTRO

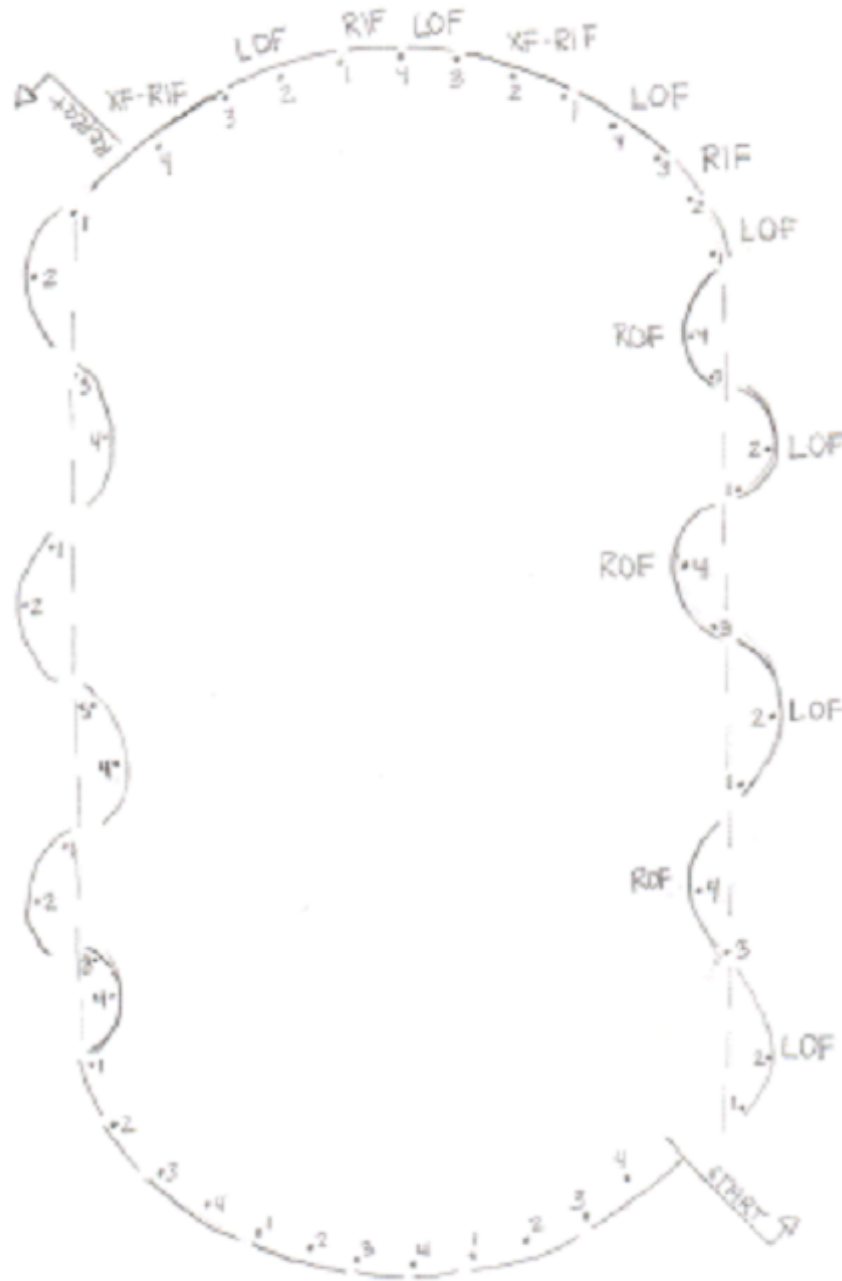
## The Waltz - Tempo 108



- This dance has been adapted from the Glide Waltz
- Refer to the Dance Notes for the Glide Waltz for the corner sequence steps, tempo and other dance information
- Skaters may utilize four (4), six (6), or eight (8) steps along the straightaway depending on floor size and/or skater ability/strength

# INTRO

## The Tango - Tempo 100



- This dance has been adapted from the Progressive Tango for the use of the Southeaster Rising Stars Program
- Refer to the Dance Notes for the Progressive for the corner sequence steps, tempo and other dance information
- Skaters may utilize four (4), six (6), or eight (8) steps along the straightaway depending on floor size and/or skater ability/strength

# INTRO

## Singles

The singles routines can be a **maximum of 2:00 minutes long**. The minimum requirements footwork for singles was pulled from the RSA super skater test. Skaters may not use a camel/sit position for spins. Bunny hops may be used as a jump, footwork or combo. Jump combos are limited to 3 jump combinations. Skaters will be deducted 3 points for each required element that is not completed. Skaters will also be deducted 3 points for each element that exceeds the maximum requirements. The idea behind all of the requirements is to ensure participants are true beginners, and not skaters with freestyle experience. Depending on the number of entries, boys and girls will be divided.

Intro 6 and under Singles	No requirements	No requirements
Intro 7-9 Singles	Forward Crossovers Backwards scissors Balancing on one foot (1/2 the distance of the floor or 10 seconds)	3 jumps (one may be a combo) 2 spins <b>or</b> 3 spins (one may be a combo) 2 jumps
Intro 10-12 Singles	Forward Crossovers Backwards scissors Balancing on one foot (1/2 the distance of the floor or 10 seconds)	3 jumps (one may be a combo) 2 spins <b>or</b> 3 spins (one may be a combo) 2 jumps
Intro 13 and over Singles	Forward Crossovers Backwards scissors Balancing on one foot (1/2 the distance of the floor or 10 seconds)	3 jumps (one may be a combo) 2 spins <b>or</b> 3 spins (one may be a combo) 2 jumps

# INTRO

## Pairs

Pairs routines can be **a maximum of 2:00 minutes long**. The minimum requirements footwork for singles was pulled from the RSA super skater test. Bunny hops may be used as a jump or footwork. Skaters will be deducted 3 points for each required element that is not completed. Note the divisions for pairs are different than other solo events due to number of participants. If warranted, divisions will be altered.

Intro 9 and under	Forward crosses Backward cross pulls Balancing on one foot (team must maintain contact during these elements)	1 shadow jump 1 contact jump 1 shadow spin 1 contact spin
Intro 10 and older	Forward crosses Backward cross pulls Balancing on one foot (team must maintain contact during these elements)	1 shadow jump 1 contact jump 1 shadow spin 1 contact spin

## Team Dance

The dance events will be skated and judged the same way official dance events are. Teams will begin the dance on the corner in front of the judges with 4 opening steps, beginning with the straightaway first. Skaters will execute the steps as described in the dance diagrams attached to the end of this document. Skaters will be skated in flights of 2; performing 4 repetitions (2 full times around the skating surface) of each dance. Note the divisions for team dance are different than other solo events due to number of participants. If warranted, divisions will be altered.

Intro 9 and under	<b>The Waltz</b> (See diagram attached) <b>The Tango</b> (See diagram attached)
Intro 10 and older	<b>The Waltz</b> (See diagram attached) <b>The Tango</b> (See diagram attached)

# LEVEL C

## Figures and Small Circle (Loop) Events

**We are excited to offer these Level C Figure and Small Circle (Loop) events!**

All events are finals. Depending on event size, boys and girls may be separated.  
The figures and small circles (loops) highlighted in **green** will be skated.

Level	Ages	Suggested Requirements
TOT	6 years and young	<b>Figures 1 &amp; 1b</b> or 111a/b, 112a/b
YOUTH Level 1	Primary-Elementary	<b>Figures 1, 1b, 2, 2b</b>
		<b>Figures 5a, 5b, 113</b>
YOUTH Level 2	Freshman & Sophomore	<b>Figures 5a, 5b, 113</b>
		1b, 2, 7, 5a, 5b
ADULT Level 1	19-34	<b>5a, 5b, 113, 7a/b</b>
		111a/b, 112a/b, 1, 2
ADULT Level 2	35 and older	<b>111a/b, 112a/b, 1, 2</b>
		1, 2, 1b, 2b, 5a, 5b

### SMALL CIRCLE EVENTS (skated on the Loop circles)

Youth	ages to 18	<b>114 a/b, 115a/b, 130a/b</b>
Adult	ages 19 & over	<b>114a/b, 115a/b, 130a/b</b>
Advanced	All ages	<b>116a/b, 117a/b, 131a/b</b>



## One Event Card

Skater Information:

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender  Male  Female

Team Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Competitive Number from other organization: \_\_\_\_\_

### AMERICAN ROLLER SPORTS CODE OF CONDUCT

All members are considered to have agreed to and signed the Code of Conduct with the purchase/renewal of their membership.

By signing this Code of Conduct I agree to be accountable for my words and actions while attending, coaching, officiating, participating and vendor representation in an American Roller Sports competition, and shall conform my behavior to the following code of conduct:

Not to engage in unsportsmanlike conduct with any skater, coach, official/judge, vendor, or any other attendee. Not to engage in any behavior which would endanger the health, safety or wellbeing of any skater, coach, official/judge, vendor, or any other attendee.

Not to engage in the use of profanity. I will treat any skater, coach, official/judge, vendor, or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability. I will not engage in verbal or physical threats or abuse aimed at any skater, coach, official/judge, vendor, or any other attendee.

I will not initiate a disturbance or fight with any skater, coach, official/judge, vendor, or any other attendee.

I hereby agree that if I fail to conform my conduct to the foregoing while attending, coaching, officiating/judging, or participating in an American Roller Sports competition I will be subject to disciplinary action, including but not limited to the following in any order or combination:

- (a) Verbal warning.
- (b) Written warning.
- (c) Suspension or immediate ejection from an ARS competition issued by the Competition Manager.
- (d) Suspension from multiple ARS competition issued by the IHA Board or their designee.
- (e) Season suspension or multiple season suspension issued by the IHA Board or their designee.

\_\_\_\_\_  
Athlete Signature Date

\_\_\_\_\_  
Parent or Guardian Signature Date