



2023 American East Coast Artistic Championship & Seminar
Competition: May 26 – 29, 2023
Seminar: May 29, 2023
Richmond, Virginia
www.rollerdomeskating.com/24.html



Skaters, Coaches, and Parents,

Rollerdome Family Fun Center and RVA Skate Academy would like to invite you to our 2023 American East Coast Artistic Championship to be held May 26 – 29, 2023!

We will be using the American Artistic Roller Skating (AARS) rulebook for figures, singles, dance, and creative solo events, as well as Tiny Tot, Youth, and Adult Beginner events for figures, dance, and freestyle. Please join us and start making your reservations now as we are anticipating skaters from all over the country to attend this year!

Confirmed Judges:

Tracy Black	John Lehni	Teri Swajger
Verna Quaranto	Steve Forstner	Robert Bledsoe
Shannon Hargitt	Dianne Dawson	Sylvia Haffke

Meet Hosts: Shane Locklear and Tony Kaschalk

Competition Managers: Deb Wahlig, Anne Wahlig Lee, Shane Locklear

Amenities:

- ✓ Awards presentations on a podium for all events.
- ✓ Full-service snack bar for breakfast, lunch, and dinner.
- ✓ Swag for all competitors.
- ✓ Coated maple wood floor, 155' x 80'

Development Seminar:

- ✓ On-skates instruction in figures, loops, dance, and freestyle.
- ✓ Private lessons available with many of our visiting advanced and elite coaches – more info soon!

Official Practice:

- ✓ Friday, May 27, 2 pm – 7 pm. Cost is \$5 per skater.
- ✓ Skaters, coaches, and parents may skate our Friday night public session from 7 pm – 10 pm for no charge.

Entry Rules:

- ✓ You must be an AARS member or USA Roller Sports member.
- ✓ Please fill out the AARS “One Event Card” if you are not an AARS member. Also note that there is an additional charge of \$10 as an AARS non-member entry fee.
- ✓ All AARS events will be offered.
- ✓ **Entries and music must be submitted no later than May 8, 2023 to aecac.music@gmail.com.** Please bring a USB drive as backup to the competition.

- ✓ For information on eligibility, please refer to the general rules posted on the AARS website at www.americanrollersports.com/artistic under the “View The Rulebook” link.
- ✓ Skaters may skate their official event and skate up one event.
- ✓ For any questions, please contact Shane Locklear at 804-439-9611 or shane@rollerdomeskating.com

Fees & Entry Procedures:

- ✓ Entry fees: \$30 first event; \$10 each additional event.
- ✓ Spectator fees: \$5 per person, per day
- ✓ **Deadline for entries must be postmarked by May 8, 2023!! Please submit all entries and payments as soon as possible as late entries will not be accepted this year.**
- ✓ You may email entries to shane@rollerdomeskating.com and mail the check separately.
- ✓ Please send ONE CLUB CHECK or ONE MONEY ORDER with your entry, payable to *Rollerdome* to 4902 Williamsburg Road, Richmond, VA 23231

Nearby Lodging:

- | | |
|--|--|
| ✓ <i>Sheraton</i>
5501 Eubank Road
Sandston, VA 23150
804-226-6400 | ✓ Hampton Inn Richmond Airport
421 International Center Drive
Sandston, VA 23150
804-226-1888 |
| ✓ Hyatt Place Richmond Airport
4401 South Laburnum Avenue
Richmond, VA 23231
804-549-4865 | ✓ Four Points Sheraton Richmond Airport
4700 South Laburnum Avenue
Richmond, VA 23231
804-226-4300 |
| ✓ Fairfield Inn & Suites by Marriott Richmond
Airport
5252 Airport Square Lane
Sandston, VA 23150 | ✓ Holiday Inn Express Richmond Airport
491 International Center Drive
Sandston, VA 23150
804-222-1499 |

We are all looking forward to having you here to make this our best meet yet!

Sincerely,

Host Coaches – Shane Locklear & Missy Lennon

Host Operators – Tony Kaschalk & Shane Locklear

Competition Managers – Deb Wahlig, Anne Wahlig Lee, & Shane Locklear

2023 AARS OFFICIAL APPLICATION

Contestant Name as it Appears on AARS Membership Card (Please print clearly): _____

Male or Female (Circle one) Birthdate: _____ Age on Jan 1, 2023: _____ AARS Membership Card Number: _____

Club ID #: _____ Club Name: _____

Coach Name: _____ Coach Phone: _____ Coach Email: _____

WRITE AN "X" TO SELECT THE EVENT(S) BEING SKATED

FIGURES

Female	Adult	Male
<input type="checkbox"/>	Advanced B	<input type="checkbox"/>
<input type="checkbox"/>	Advanced	<input type="checkbox"/>
<input type="checkbox"/>	Classic Gold	<input type="checkbox"/>
<input type="checkbox"/>	Adult Junior	<input type="checkbox"/>
<input type="checkbox"/>	Premier Gold	<input type="checkbox"/>
<input type="checkbox"/>	Premier Silver	<input type="checkbox"/>
<input type="checkbox"/>	Novice/Esquire B	<input type="checkbox"/>
<input type="checkbox"/>	Novice	<input type="checkbox"/>
<input type="checkbox"/>	Esquire	<input type="checkbox"/>
<input type="checkbox"/>	Masters	<input type="checkbox"/>
<input type="checkbox"/>	Veterans	<input type="checkbox"/>
<input type="checkbox"/>	Golden	<input type="checkbox"/>
<input type="checkbox"/>	Adult Level 1	<input type="checkbox"/>
<input type="checkbox"/>	Adult Level 2	<input type="checkbox"/>

Female	Youth	Male
<input type="checkbox"/>	Tot	<input type="checkbox"/>
<input type="checkbox"/>	Primary	<input type="checkbox"/>
<input type="checkbox"/>	Juvenile	<input type="checkbox"/>
<input type="checkbox"/>	Juvenile/Elementary B	<input type="checkbox"/>
<input type="checkbox"/>	Elementary	<input type="checkbox"/>
<input type="checkbox"/>	Freshman	<input type="checkbox"/>
<input type="checkbox"/>	Sophomore	<input type="checkbox"/>
<input type="checkbox"/>	Freshman/Sophomore B	<input type="checkbox"/>
<input type="checkbox"/>	Junior 1	<input type="checkbox"/>
<input type="checkbox"/>	Junior 2	<input type="checkbox"/>
<input type="checkbox"/>	Senior	<input type="checkbox"/>
<input type="checkbox"/>	Youth Level 1	<input type="checkbox"/>
<input type="checkbox"/>	Youth Level 2	<input type="checkbox"/>

LOOPS

Female	Adult	Male
<input type="checkbox"/>	Classic Gold	<input type="checkbox"/>
<input type="checkbox"/>	Adult Junior	<input type="checkbox"/>
<input type="checkbox"/>	Adult C	<input type="checkbox"/>
<input type="checkbox"/>	Advanced Adult C	<input type="checkbox"/>

Female	Youth	Male
<input type="checkbox"/>	Juvenile	<input type="checkbox"/>
<input type="checkbox"/>	Elementary	<input type="checkbox"/>
<input type="checkbox"/>	Freshman	<input type="checkbox"/>
<input type="checkbox"/>	Sophomore	<input type="checkbox"/>
<input type="checkbox"/>	Freshman/Sophomore B	<input type="checkbox"/>
<input type="checkbox"/>	Junior 1	<input type="checkbox"/>
<input type="checkbox"/>	Youth Level 1	<input type="checkbox"/>
<input type="checkbox"/>	Youth Level 2	<input type="checkbox"/>

SOLO / TEAM COMPETITIVE DANCE

Female	Adult	Team	Male
<input type="checkbox"/>	Novice	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Novice B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Esquire	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Esquire B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Masters	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Veterans	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Golden	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Premier Silver 1	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Premier Silver 2	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Premier Gold 1	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Premier Gold 2	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	C Event Adult 1	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	C Event Adult 2	<input type="checkbox"/>	<input type="checkbox"/>

Female	Youth	Team	Male
<input type="checkbox"/>	Primary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Juvenile/Elementary B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Juvenile	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Elementary	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Freshman/Sophomore B	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Freshman	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Sophomore	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Junior	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	Senior	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	C Event Youth	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	C Event Teen	<input type="checkbox"/>	<input type="checkbox"/>

Female	OSP	Male
<input type="checkbox"/>	Youth	<input type="checkbox"/>
<input type="checkbox"/>	Teen	<input type="checkbox"/>
<input type="checkbox"/>	Adult	<input type="checkbox"/>

DOMESTIC

Female	INTERNATIONAL	Male
<input type="checkbox"/>	Youth	<input type="checkbox"/>
<input type="checkbox"/>	Young Adult	<input type="checkbox"/>
<input type="checkbox"/>	Adult	<input type="checkbox"/>
<input type="checkbox"/>	Junior	<input type="checkbox"/>
<input type="checkbox"/>	Senior	<input type="checkbox"/>

SOLO FREE DANCE

Female	Male	
<input type="checkbox"/>	Open Solo	<input type="checkbox"/>
<input type="checkbox"/>	Adult Open Solo	<input type="checkbox"/>

CREATIVE SOLO

Female	Male	
<input type="checkbox"/>	Primary	<input type="checkbox"/>
<input type="checkbox"/>	Juvenile/Elementary	<input type="checkbox"/>
<input type="checkbox"/>	Freshman/Sophomore	<input type="checkbox"/>
<input type="checkbox"/>	Adult	<input type="checkbox"/>

FREESTYLE

Female	Male	
<input type="checkbox"/>	Tot	<input type="checkbox"/>
<input type="checkbox"/>	Primary	<input type="checkbox"/>
<input type="checkbox"/>	Juvenile	<input type="checkbox"/>
<input type="checkbox"/>	Elementary B	<input type="checkbox"/>
<input type="checkbox"/>	Elementary	<input type="checkbox"/>
<input type="checkbox"/>	Freshman	<input type="checkbox"/>
<input type="checkbox"/>	Sophomore B	<input type="checkbox"/>
<input type="checkbox"/>	Sophomore	<input type="checkbox"/>
<input type="checkbox"/>	Junior	<input type="checkbox"/>
<input type="checkbox"/>	Senior	<input type="checkbox"/>
<input type="checkbox"/>	Classic	<input type="checkbox"/>
<input type="checkbox"/>	Novice	<input type="checkbox"/>
<input type="checkbox"/>	Youth 7 - 9	<input type="checkbox"/>
<input type="checkbox"/>	Youth 10 - 12	<input type="checkbox"/>
<input type="checkbox"/>	Youth 13+	<input type="checkbox"/>

INLINE

Female	Male	
<input type="checkbox"/>	Elementary	<input type="checkbox"/>
<input type="checkbox"/>	Sophomore	<input type="checkbox"/>
<input type="checkbox"/>	Senior	<input type="checkbox"/>

PAIRS

<input type="checkbox"/>	Juvenile
<input type="checkbox"/>	Freshman
<input type="checkbox"/>	Sophomore
<input type="checkbox"/>	Senior

PRECISION

<input type="checkbox"/>	Juvenile
<input type="checkbox"/>	Novice

QUARTET

<input type="checkbox"/>	Youth
<input type="checkbox"/>	Open

Remit One (1) Club Check or Money Order Payable to **ROLLERDOME**

Mail to:
Rollerdome
4902 Williamsburg Road
Richmond, VA 23231

First Event Fee	\$30
Additional Event Fees: _____ @ \$10	\$ _____
Non-AARS Member Fee	\$10
Total [First Event + Additional Event(s) + Non-AARS]	\$ _____

Dance Partner Name: _____	Club ID Number: _____
Pairs Partner Name: _____	Club ID Number: _____
Creative Solo/Precision/Quartet Title: _____	

**AMERICAN EAST COAST ARTISTIC CHAMPIONSHIPS
COMPETITIVE REQUIREMENTS - 2023 YOUTH FIGURES / LOOPS**

EVENT NAME	AGE	MINIMUM TEST	CIRCLE FIGURE		MINIMUM TEST	LOOP	
			Elimination	Final		Elimination	Final
Primary	8 and Under	Test 3	2 7b	2b 7a			
Juv/ Elem B	12 and Under	Test 3	7a 9b	7b 100a			
Juvenile	9-10	Test 3	8b 11a	7a 9b	Test 2 Loops	15a 30b	15b 30a
Elementary	11-12	Test 6	9b 10a	8a 26b	Test 3 Loops	30a 131b	30b 131a
Fresh/Soph B	13-18	Test 5	7a 26b	8b 11a	Test 3 Loops	15b 30a	15a 30b
Freshman	13-14	Test 7	13b 19a	12a 18b	Test 3 Loops	16b 131a	16a 131b
Sophomore	15-18	Test 7	19b 23a	22a 32b	Test 3 Loops	30b 131a	30a 131b
Junior #1	12 and Over	Test 9	45b 46a	44a 45b	Test 7 Loops	17a 31b	16b 31a
Junior #2	12 and Over	Test 11	38a 40b	38b 46a			
Senior	14 and Over	Test 13	38a 53b	39b 47a			
Tot	6 and Under	Test 1	1 111a	2 112b			
Youth Level 1	7-12	Test 1	2 112b	1 111a	Test 1 Loops	115b 130a	114a 130b
Youth Level 2	13-18	Test 3	5b 7b	5a 113a	Test 2 Loops	114a 115b	115b 130a

IF THE EVENT IS A FINAL, THE ELIMINATION REQUIREMENTS WILL BE SKATED

**AMERICAN EAST COAST ARTISTIC CHAMPIONSHIPS
COMPETITIVE REQUIREMENTS - 2023 YOUTH DANCE**

EVENT NAME	AGE	MINIMUM TEST	SOLO DANCE		TEAM DANCE	
			Elimination	Final	Elimination	Final
Primary SOLO ONLY	8 and under	Test 1	Glide Waltz Progressive Tango	City Blues American March		
Juv/ Elem B	12 and under	Test 3	Swing Waltz Academy Blues	City Blues Progressive Tango	City Blues Progressive Tango	Swing Waltz Academy Blues
Juvenile	10 and under	Test 4	American March Carlos Tango	Academy Blues Denver Shuffle	Academy Blues Denver Shuffle	American March Carlos Tango
Elementary	12 and under	Test 7	La Vista Cha Cha Chase Waltz	Siesta Tango Bounce Boogie	Siesta Tango Bounce Boogie	La Vista Cha Cha Chase Waltz
Fresh/ Soph B	13 and over	Test 7	Bounce Boogie Southland Swing	Dore Foxtrot Siesta Tango	Dore Foxtrot Siesta Tango	Bounce Boogie Southland Swing
Fresh/ Soph TEAM ONLY	13 and over	Test 11			Delicado Siesta Tango	Century Blues California Swing
Freshman SOLO ONLY	14 and under	Test 11	Delicado Joann Foxtrot	Border Blues Casino March		
Sophomore SOLO ONLY	15 and over	Test 11	Border Blues Joann Foxtrot	Delicado Metropolitan Tango		
Junior	14 and over	Test 13	Rocker Foxtrot (Ladies Steps) Paso Doble	Dench Blues (BP) Harris Tango	Dench Blues (BP) Willow Waltz	Rocker Foxtrot Continental Waltz
Senior SOLO ONLY	15 and over	Test 14	Viennese Waltz Quickstep	Westminster Waltz (BP) Kilian		
C Event Youth *	12 and under	Test 1	Progressive Tango Academy Blues	Glide Waltz American March	Glide Waltz American March	Progressive Tango Academy Blues
C Event Teen *	13 - 18	Test 1	Progressive Tango Academy Blues	Glide Waltz American March	Glide Waltz American March	Progressive Tango Academy Blues
<i>BP = Border Pattern</i>	<i>Men/Ladies will skate their steps for any solo dances, but have the option to skate the other.</i>					
	<i>*Skaters shall complete 2 full laps of the dance</i>					

IF THE EVENT IS A FINAL, THE ELIMINATION REQUIREMENTS WILL BE SKATED

**AMERICAN EAST COAST ARTISTIC CHAMPIONSHIPS
COMPETITIVE REQUIREMENTS - 2023 ADULT FIGURES / LOOPS**

EVENT NAME	AGE	MINIMUM TEST	CIRCLE FIGURE		MINIMUM TEST	LOOP	
			Elimination	Final		Elimination	Final
Advanced B	19-34	Test 3	2b 112a	2 111b			
Advanced	19-24	Test 8	10a 22b	11b 26a			
Classic Gold	19 and over	Test 9	19b 23a	22a 32b	Test 5 Loops	15a 30b	15b 30a
Adult Junior	19 and over	Test 10	29a 40b	33b 36a	Test 7 Loops	17b 31a	17a 31b
Premier Gold	25 and over	Test 7	9a 27b	8b 26a			
Premier Silver	35 and over	Test 4	5b 105a	5a 105b			
Novice/ Esquire B	25-34	Test 4	5a 113b	5b 113a			
Novice	25-44	Test 6	7b 9a	7a 11b			
Esquire	35-44	Test 5	2b 5a	2 5b			
Masters	45-54	Test 3	2 111b	2b 112a			
Veterans	55-64	Test 3	2 112b	2b 111a			
Golden	65 and over	Test 3	1 112b	2 111a			
Adult Level 1	19-34	Test 1	2 1b	1 2b			
Adult Level 2	35 and Over	Test 1	1 112a	2 111b			
Adult C	19 and Over				No Test	114a 130b	115b 130a
Advanced Adult C	19 and Over				No Test	116a 131b	117b 131a

IF THE EVENT IS A FINAL, THE ELIMINATION REQUIREMENTS WILL BE SKATED

**AMERICAN EAST COAST ARTISTIC CHAMPIONSHIP
COMPETITIVE REQUIREMENTS - 2023 ADULT DANCE**

EVENT NAME	AGE	MINIMUM TEST	SOLO DANCE		TEAM DANCE	
			Elimination	Final	Elimination	Final
Novice	19 and over	Test 7	Siesta Tango Rhythm Blues	Chase Waltz Swing Schottische	Chase Waltz Swing Schottische	Siesta Tango Rhythm Blues
Novice B	19 and over	Test 1	City Blues American March	Glide Waltz Academy Blues	Glide Waltz Academy Blues	City Blues American March
Esquire	35 and over	Test 5	Bounce Boogie Luna Blues	Denver Shuffle Dore Foxtrot	Denver Shuffle Dore Foxtrot	Bounce Boogie Luna Blues
Esquire B	35 and over	Test 1	Glide Waltz Academy Blues	City Blues American March	City Blues American March	Glide Waltz Academy Blues
Masters	45 and over	Test 6	Swing Schottische Casino Tango	Double Cross Waltz Bounce Boogie	Double Cross Waltz Bounce Boogie	Swing Schottische Casino Tango
Veterans	55 and over	Test 4	American March Balanciaga	Swing Waltz Denver Shuffle	Swing Waltz Denver Shuffle	American March Balanciaga
Golden*	65 and over	Test 3	City Blues Cross Waltz	Memorial Waltz American March	Memorial Waltz American March	City Blues Cross Waltz
Premier Silver 1	20 and over	Test 9	Zig Zag Polka Syncopated Swing	Valse Adante Quickstep Boogie	Valse Adante Quickstep Boogie	Zig Zag Polka Syncopated Swing
Premier Silver 2	45 and over	Test 8	Criss Cross March Marionette Waltz	Swing Schottische Carey Foxtrot	Swing Schottische Carey Foxtrot	Criss Cross March Marionette Waltz
Premier Gold 1	20 and over	Test 13	Joann Foxtrott Karen Lee Tango	Paso Doble (Men's Steps) Association Waltz	Paso Doble Association Waltz	Joann Foxtrott Karen Lee Tango
Premier Gold 2	45 and over	Test 11	Fascination Fox Trot (BP) Fiesta Tango	Casino March Viva Cha Cha	Casino March Viva Cha Cha	Fascination Fox Trot (BP) Fiesta Tango
C Event Adult 1*	19-44	Test 1	Glide Waltz American March	Progressive Tango Academy Blues	Progressive Tango Academy Blues	Glide Waltz American March
C Event Adult 2*	45 and over	Test 1	Progressive Tango Academy Blues	Glide Waltz American March	Glide Waltz American March	Progressive Tango Academy Blues
<i>BP = Border Pattern</i>		<i>Solo Dance = Men/Ladies will skate their steps, but have the option to skate the other.</i>				
		<i>* Skaters shall complete 2 full laps of the dance</i>				

IF THE EVENT IS A FINAL, THE ELIMINATION REQUIREMENTS WILL BE SKATED



One Event Card

Skater Information:

First Name: _____ Last Name: _____

Date of Birth: _____ Gender Male Female

Team Name: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Phone Number: _____ E-Mail: _____

Competitive Number from other organization: _____

AMERICAN ROLLER SPORTS CODE OF CONDUCT

All members are considered to have agreed to and signed the Code of Conduct with the purchase/renewal of their membership.

By signing this Code of Conduct I agree to be accountable for my words and actions while attending, coaching, officiating, participating and vendor representation in an American Roller Sports competition, and shall conform my behavior to the following code of conduct:

Not to engage in unsportsmanlike conduct with any skater, coach, official/judge, vendor, or any other attendee. Not to engage in any behavior which would endanger the health, safety or wellbeing of any skater, coach, official/judge, vendor, or any other attendee.

Not to engage in the use of profanity. I will treat any skater, coach, official/judge, vendor, or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability. I will not engage in verbal or physical threats or abuse aimed at any skater, coach, official/judge, vendor, or any other attendee.

I will not initiate a disturbance or fight with any skater, coach, official/judge, vendor, or any other attendee.

I hereby agree that if I fail to conform my conduct to the foregoing while attending, coaching, officiating/judging, or participating in an American Roller Sports competition I will be subject to disciplinary action, including but not limited to the following in any order or combination:

- (a) Verbal warning.
- (b) Written warning.
- (c) Suspension or immediate ejection from an ARS competition issued by the Competition Manager.
- (d) Suspension from multiple ARS competition issued by the IHA Board or their designee.
- (e) Season suspension or multiple season suspension issued by the IHA Board or their designee.

Athlete Signature Date

Parent or Guardian Signature Date